

Healing 101

The Healing 101 Group Healing Session has twenty transmissions for:

1. Support for the Higher Self, Soul and Over-Soul Clearing Your Energetic Spaces, Fields, Organs, Systems and Bodies.
2. Clearing, Healing and Upgrading Your DNA, Genetics and Epi-Genetics.
3. Clearing, Transmuting, Healing and Releasing and Energetic Weaknesses, Imbalances, Blockages, Damage, Harm, Illness and Disease States.
4. Boosting Your Personal Energy Level and Immune System and Enhancing and Expanding the Flow of Life Force Energy.
5. Clearing, Transmuting, Healing, Releasing and Dissolving Unresolved Stuff and Issues.
6. Optimal Physical Health and Well Being/Healing Support for the Body, Organs and Systems with Ease and Grace.
7. Optimal Emotional Health and Well Being/Healing Support for the Heart and Blood.
8. Optimal Mental Health and Well Being/Healing Support for the Minds and Brains.
9. Optimal Spiritual Health and Well Being/Healing.
10. Healing YOUR Relationship with YOUR Body and YOUR Self Image.
11. Looking Great and Feeling Fabulous.
12. Clearing, Transmuting, Healing, Releasing and Dissolving Self Sabotage, Doubt and Limitation.
13. Clearing, Transmuting, Healing, Releasing and Dissolving Anxiety, Stress, Fear, Worry, Tension and Resistance to Change.
14. Clearing, Transmuting, Healing, Releasing and Dissolving Obsessive and Addictive Patterns, Programs, Behaviors & Cravings for Addictive Substances with Ease & Grace.
15. Enhancing and Expanding Your Ability, Capability and Capacity to Accept, Like, Love, Trust and Believe in Yourself.

16. Clearing, Healing, Upgrading and Evolving YOUR Inner Child and Healing Emotional Trauma and Wounding.
17. Clearing, Transmuting and Healing Insomnia, Sleep Apnea and Sleep Disorders and Releasing Blocks to Sleeping Easily, Deeply and Well Every Night.
18. Clearing, Transmuting, Healing and Dissolving Negative Self Talk Around YOUR Physical, Emotional, Mental and Spiritual Health and Well Being.
19. Opening, Clearing, Healing, Upgrading and Evolving the Chakras, Meridians, Acupuncture Points and Strange Flows.
20. Enhancing and Expanding Your Ability, Capability and Capacity to Accept, Receive, Hold and Radiate Love, Joy, Happiness, Gratitude and Inner Peace.

During the second part of this group healing session, I will work with the Creator and your soul to help heal the top priority areas identified by your soul. If you **email me a Statement of YOUR Intent for this group healing session**, I will transmit healing to assist you in healing everything that you mention in the email.